

Infection Prevention and Control

EXCLUSION OF STAFF FROM WORK GUIDELINES

The following table gives guidance on the minimum period of exclusions from work for staff members suffering from or in contact with a case of infectious disease in their own home. The table is not exhaustive; therefore if further information is required, advice may be sought from the Infection prevention and Control team Health or Health Protection Team. In addition, refer to your Occupational Health Policies.

Condition	Infective period	Minimum exclusion case	Minimum Exclusion Home Contact
Chicken Pox	for about 1-2 days before the onset of symptoms until about 6 days after rash appears or lesions crusted (if longer)	6 days from onset of rash	None - pregnant women who have not had chicken pox to contact GP
Diarrhoea and Vomiting	As long as the organism is present in the stool	Until clinically well and 48 hrs asymptomatic. CCDC/EH will advise on longer exclusion	CCDC/EHO will advise on local policy
Glandular Fever	When symptomatic	Until clinically well	None
Hand Foot and Mouth	As long as active ulcers present	1 week or until open lesions are healed	None
Hepatitis A	2 weeks before until 1 week after jaundice develops	1 week after onset of jaundice	None - immunity may be recommended by CCDC/GP
Hepatitis B/C	As long as circulating virus in the blood	None unless bleeding likely	None - immunisation (Hepatitis B)/infection control precautions to be recommended by HPN/CCDC/GP
Human Immuno Deficiency virus	Life long	None	None

(HIV)			
Impetigo	Until lesions crusted or following antibiotic treatment	Until lesions crusted or if reliably covered	None
Influenza	1 day before until 3-5 days after onset	Until clinically recovered	None
Measles	Up to 4 days before to 4 days after onset of rash	4 days from onset of rash	None
Meningitis	Varies with organism	Until clinical recovery	None - antibiotics may be prescribed for contact
Mumps	7 days before onset (normally 2 days) of symptoms to 4 days after	4 days after onset of rash	None
Ringworm	Until lesions healed	If lesion adequately covered, none	One
Rubella (German Measles)	1 week before until about 5 days after onset of rash	About 4 days from onset of rash	None
Scabies	Until treated	Until treated	Treat all household
Shingles	Until lesions crusted or healed	Until crusted or healed or if covered adequately	None
Slapped Cheek (Fifth Disease)	4 days before to 4 days after onset of rash	Until clinically well	Pregnant women having close contact with a case see advice from GP
Streptococcal Sore Throat and scarlet fever	Until 48hrs after start of antibiotic treatment	Until clinically improved - usually after 48hrs of antibiotic treatment	None
Threadworm	As long as eggs present on perianal skin	None but requires treatment	Household contacts require treatment
Tuberculosis	Depends on location of TB. Patients with	For "open" tuberculosis exclusion until TB	None - household contacts will require follow up

	“open” tuberculosis usually non-infectious after 2 weeks of treatment	Specialist recommends return to work	
Whooping Cough	1 week before until 3 weeks after onset of cough or five days after start of antibiotic treatment	Until clinically well however, infectivity may persist up to 6 weeks. Check with GP/CCDC	None - household contacts may require treatment